

## Arkansas – Youth Suicide Statistical Impact



## According to the latest CDC's WISQARS National Data Reporting (2019):

- ❖ Suicide is the 2<sup>nd</sup> leading cause of death for ages 10-14 in Arkansas.
- ❖ Suicide is the 2<sup>nd</sup> leading cause of death for ages 12-18 (middle and high school ages) in Arkansas.
- ❖ Suicide is the 2<sup>nd</sup> leading cause of death for college-age youth ages 18-22 in Arkansas.
- ❖ When examined as an age group 10-24 comparison, suicide is the 2<sup>nd</sup> leading overall cause of death for Arkansas. In Arkansas, every 3.96 days on an average a young person (ages 10-24) is lost to this "Silent Epidemic" of youth suicide.

## Arkansas 2019 Youth Risk Behavioral Survey (CDC): (Most Recent Released Report)

## When young people were asked in Arkansas:

> "Have you experienced the feeling of hopelessness and sadness for a constant period of two weeks or greater during the past twelve months (possible beginning of clinical depression)?"

35.9% answered YES or over 1 out of every 3 young people.

Compared to Nationally – 36.7% (depression is a leading cause of suicide)

This equates to 51,542 youth in the state that will have these feelings in the next 12 months *if nothing is done differently*.

> "Have you seriously considered suicide in the past twelve months?"

19.7% answered YES or almost 1 out of every 5 young people.

Compared to Nationally – 18.8%

This equates to 28,283 youth in the state that will consider suicide in the next 12 months *if nothing is done differently*.

"Have you made a plan to attempt suicide in the past twelve months?"

17.9% answered YES or over 1 out of every 6 young people.

Compared to Nationally – 15.7%

This equates to 25,699 youth in the state that will make a plan *if nothing is done differently*.

> "Have you attempted suicide in the past twelve months?"

11.5% answered YES or over 1 out of every 9 young people.

Compared to Nationally – 8.9%

This equates to 16,510 youth in the state that will make an attempt in the next 12 months *if nothing is done differently*.

This is an average of 45 per day.

\*Projected using the National 2019 YRBS, which surveys grades 9-12, and the Arkansas 2017-18 school state population numbers. If these results were also applied to grades 7 & 8, where suicide is also a major health issue, the impact numbers would be higher.